



MUSK ROSE WATER

Take two handfuls of your Musk Rose leaves, put them into about a quart of fair water and a quarter of a pound of sugar, let this stand and steep about half an hour, then take your water and flowers and pour them out of one vessel into another till such time as the water hath taken the scent and taste of the flowers, then set it in a cool place a-cooling and you will find it a most excellent scent-water.

— William Rabisha, *The Whole Body of Cookery Dissected*, 1675

reprinted with permission, Dover Publications | www.doverpublications.com

From *ROSE RECIPES FROM OLDEN TIMES* by Eleanour Sinclair Rohde.

Eleanour Sophy Sinclair Rohde (1881–1950) was a British gardener, garden historian, and horticultural writer. For much of her life she lived at Cranham Lodge, Reigate. She collected unusual herb and vegetable varieties, and also worked as a garden designer. One of her best known designs was the herb garden for Lullingstone Castle in Kent, England. Her work did much to encourage the modern popularity of herb gardens.

